



NEWS RELEASE

FOR IMMEDIATE RELEASE

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Upcoming Virtual Trainings for Bystander Intervention for Bullying and Mental Health First Aid

Bystander Intervention in the Entertainment Workplace

Have you ever witnessed a co-worker being bullied or intimidated? Would you like to know how to safely intervene? In just 90 minutes you will learn five easily accessible tools for use in any workplace to safely intervene without the worry of retaliation. Entertainment industry scenarios will help you understand how to choose tools to match your comfort level. The next free webinar is on Sunday, April 30th from 4-5:30pm Eastern.

The webinar is free but advance registration at btshelp.org/bystander is required in order to receive the zoom login. If you can't make the April date, you can also register for the webinar on July 17th.

Bullying, harassment and intimidation is a common workplace stressor throughout all sectors of the entertainment industry. These behaviors create a physically and psychologically unsafe workplace for everyone. This training will teach you how to safely intervene and help to make a difference.

Behind the Scenes is partnering with Right To Be, a social justice organization that specializes in education around bullying and harassment, to present these free webinars. Principal Right To Be trainer, Dax Valdes, an experienced entertainment industry professional, will lead these interactive sessions that ensure attendee anonymity.

Mental Health First Aid

Join the entertainment industry professionals making a real difference by becoming a certified Mental Health First Aider. Take an active role in helping to care for those you work with. Expand your skill sets by learning how to identify, understand and respond to signs of distress in your colleagues and help make our workplaces healthier and safer spaces for all. You will be able to use the information you learn every day in interactions with your co-workers as well as friends and family.

Mental Health First Aid virtual classes are posted for May at btshelp.org/mhfa. The course is delivered in two parts. The first is a 2 hour self-paced online course that must be completed prior to a 6 hour virtual live instructor led session.

The registration fee is \$125. IATSE Members and those working under IATSE agreements may be eligible for Training Trust Fund reimbursement upon proof of successful completion of the course. A limited number of partial and full scholarships are available to individuals not eligible for reimbursement.

Private group classes of 10 -25 are available – contact mhfa@btshelp.org for information. Training for Canadians is available through the AFC at <https://afchelps.ca/mhfa>.

Visit btshelp.org/mentalhealth to see all the available tools and resources in our Mental Health and Suicide Prevention Initiative.

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